Dallastown Area High School April 2010

Senior Citizens Go Back to School for the Day

In our annual event, community members walk a day in the shoes of students.

JAMON ADAMS Staff Writer

On April 1, 2010, the halls of Dallastown were filled with approximately one hundred and twenty senior citizens who went back to school for the day.
"The Senior Citizen confer-

ence is a way to give back to the community and keep them involved in what we are doing at Dallastown," Student Council Advisor Mrs. Turnball said.

The Annual Senior Citizen conference, sponsored by the Student Council, started with breakfast and was followed by speeches from the administra-

spectors.
"Dr. Fauth and Weinberg spoke basically about welcoming the senior citizens to Dallastown," senior Amy Jacobs said.

They then moved on to their classroom visits, which ranged from philosophy, English, math, science, Spanish, or history.

"I invited senior citizens to Shakespeare," Mrs. Raver said. "My former Sunday School Teacher Carl "Red" Anderson was recruited to play the role of an unreasonable dad in A Midsummer Night's Dream. He had never read Shakespeare in his life, so he was reluctant. He was a good sport though; he



A senior citizen explains his life experiences to freshman Will Culbreth in Mr. Robertson's class. photo submitted

provided the perfect gruff, older voice for the younger lovers to argue against."

Rayer, like many other Dallastown teachers, tries to participate in the day each year.

"I had three senior citizens in my classroom this year," Mrs. Krantz said. "They enjoyed seeing our Wildcat Preschool operate and learning about our program. I participated every year because our program is "handson" and there is a lot to share.

For some Dallastown teachers, it reminds them of their own experiences with the conference

"I took part in the Senior Citizen's conference when i was in Student Council at Dallastown. I like to see the members of the community interact with students today, social studies teacher Mrs. Dallmeyer said.

Following the classroom visits, the senior citizens were broken into two groups and then to dance with Mrs. Werner, the gym teacher.

"The senior citizens learned three different dances. I had a blast teaching them and they enjoyed learning them," Werner

They also had participated in a trivia game called Turning Point with the student response

clickers. They then met in the band room to listen to student speakers discuss their specific clubs.

Karley Marquet spoke about Varsity club while Erin Kim discussed The Spectator. John Boddington talked about the Volunteer Club, Kristen Breen shared information about the National Honor Society, and Lauren Kaufman enlightened everyone about *The Beacon*.

The final student presenta-

Nicholson on Student Council. "I think they really enjoyed hearing about The Beacon, espe-

cially because one of the women I met was the editor-in-chief in the 1950's!" senior Lauren Kaufmann said.

After the group discussions, the senior citizens were served lunch by their designated guides and then watched a performance by members of the JROTC. Senior Citizens' Day is a tra-

dition that is enjoyable for the senior citizens of the Dallastown community, as well as the students who get to walk and talk with them throughout the day.

"I chose to chair this event because it actually involves members of the community as well as the school," Jacobs said.

Due to PSSA testing, the original date was changed for the conference last minute, which caused the musical not to be performed at the new date.

Senior Citizens' Day is a way for some former students and current students to bridge a gap between the generations. It is likely to continue to be a part of the Dallastown tradition for years to come.
"All of the senior citizens

appeared to be enjoying them-selves, and overall, the event ran smoothly. The senior citizens love coming into Dallastown and seeing all of the changes. They also really seem to enjoy interacting with the students and telling them all about how different everything is now compared to when they went to school, Jacobs said.

Linking Hands to Help Incoming Freshmen

The Link Crew plans to help incoming studenthe program aides freshmen and learn about the makes the transition into high school easier. school.

JOHN BODDINGTON Staff Writer

The auditorium lights went down low, several hundred students became silent, and the first ever Link Crew meeting began to proceed.

The meeting on April 6, 2010, helped choose students who have the desire to assist incoming freshmen with their high school adjustment.

"We are looking for positive students to be a part of the program," science teacher Mrs.

Riddle said.

After comparing statistics from other schools, the Dallastown advisors proved that

"We hope to decrease disciplinary infractions," Lt. Col. Innerst said.

The program was started at Dallastown by Mrs. Riddle, Mrs. Morrison, Mr. Schneider, Mr. Downs, Lt. Col. Innerst, and Mr. Molin.

Students chosen to be in the group next year will be trained over the summer, and possibly taken out of classes to be instructed on their jobs.

Dates will also be assigned to students and they will be trained on those during that designated time.

The training sessions will vary in length and starting

There is a meeting on August 27, 2010. The meeting will also be the day all of the freshmen meet their Link Crew students.

Interested students will be in charge of a group containing about ten to twelve freshmen.

Students were first recommended by their teachers. Shortly after, any other interested individuals in tenth or eleventh grade were allowed to submit forms to be a part of the Crew.

"I am interested. I feel that it's a great way for kids to make their transition to high school and bring everyone closer together," junior Adam Lawicki

Many other interested students await approval into the program and their training ses-

The advisors stated their excitement to work with the stu-



Mr. Schneider. Ms. Morrison, and Ms. Riddle speak to poten tial link crew leaders at their first meeting. photo submitted dent members.

"We want students to do something great, so join Link Crew," Riddle said.

As selections are made, stu-

dents are trained, and freshmen are introduced into the program, everyone will wait in anticipation to witness the success of Dallastown's new Link Crew.

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OF THE MONTH ANIMAL BRACLETS

Letter From the **Editor**



Next year, many of us starting over in a new How do you want to be remembered?

LAUREN KAUFMANN

Dear Dallastown,

From kindergarten to senior year, I have been a student here at Dallastown. I danced around the May Pole in fifth grade at Leader Heights, I distinctly recall standing on stage and looking across the crowd during the eighth grade awards ceremony, and I look forward to attending senior prom with my friends of the past thirteen years. In short, I have never had the experience of being "the new girl." With perhaps the exception of the first week of kindergarten, I have perpetually been surrounded by friends with whom I share priceless memories.

A few weeks ago, I spent a day at Red Lion High School as part of a "school switch" through our respective school papers. For the first time in my life, I was the new girl. I recognized no one, I drew curious glances as I walked through the halls, and I know I was under the ridicule of other students' first impressions.

In many ways, this experience has served as a "warm up" for my journey to college in the fall. I plan on attending The College of William & Mary, a school in Virginia where I will know no other students new or current students. The prospect of starting over, in a way, is pretty scary. But it got me thinking...

A very dear friend and I recently had a conversation in which we speculated about what our social lives in college will be. I've been very fortunate to have made some incredible friends during my thirteen years in Dallastown, but next year, I'm starting from scratch. How many people I meet will easily fit the roles left empty by my high school friends? Will I befriend the passionate artist whose free spirit inspires me to always, always stay true to myself? Will I find the hilarious friend who always keeps me laughing? The jock who talks sports with me between classes? The egotistical jerk who constantly makes absurd remarks in English class? My quess is that, for at least the more superficial roles, I will indeed find "replacements."

Then if this is true, who will replace me in the eyes of other graduating seniors? Am I the goody-two-shoes who has the reputation of being uptight and elitist? Do people perceive me as working so hard in school that my social life has been tossed aside? Or are my closest friends going to view our relationships as matchless

For some of our peers, our roles are probably replaceable. But I truly believe that, for those with whom we have taken the time to forge honest, emotional friendships, we can never be replaced.

This month, Dallastown, as school winds down, try to fortify your strongest friendships. Soon we will all be leaving these halls, and the memories and friendships we have made during our years at Dallastown will be all we have left. Don't be expendable.

Your Friendly Neighborhood Journalist

The Beacon

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JaMon Adams Katie Arenas Katie Austin John Boddington Brooke Brackett Eric Chestnut Brenna Cooper Wesley Croucher Alan Derrick Courtney Edwards Zach Einsig Angela Giddings Katie Matero Ben Naill

Editorial Policy

The Beacon has been the student-run newspaper of Dallastown Area High School since 1929. Its content is the responsibility of the student staff and is not subject to direct administrative approval. The news-paper, which is designed to be an open forum, serves to inform and entertain its readers as well as train students interesting in jurisipin students interesting in pursuing iournalism.

Letters to the editor are encouraged and should be directed to any of the The Beacon staff, Miss Gable in Room 116, or our email address Beacon@dallastown.net.

Letters should be fewer than 300 words. Thank you.

Faculty Advisor Miss Gable

Wikipedia: A Falsified Evil

Before you bash any article. this helpful research tool, iDAHS teachers sand students,

.....

BEN NAILL Staff Writer



Mention word, "Wikipedia" around the school, high and vou're likely to be faced by a posse of

English teachers carrying lynch- $\begin{array}{ccc} \text{ing ropes.} \\ \text{The persecution of this} \end{array}$ research website, created to be edited by the world, needs to

come to an end. But why is it that Wikipedia is shown no respect? Because of the fact that users are free to make any changes they want to

that people could put things that are false or just as practical jokes

However, Wikipedia has over 13 000 volunteers that review articles and the facts in them (most of these volunteers check your facts being experts in being experts in particular fields, according to BBC News).

Nature magazine conducted a study between Wikipedia and Encyclopedia Britannica to find mistakes. Four articles were used, two from each, with only a total of eight errors found, four per set.

Now with information like this, how can this webs remain under such scrutiny?

It is my opinion that Wikipedia should be allowed to be cited in a research paper.

However, it should not be your only source of information, and, like with any source, information should be double checked to insure consistency.

"On a formal research pape I wouldn't allow it. However, it is a good source for a quick reference," seminar instructor Mr. Fickes said about this site

A few years ago it would have been hard to find a teacher with such an opinion. The source has become more accepted as time and regulations on editing a Wiki Page have gotten stricter.

"Wikipedia is just a bunch of research sources combined; it makes finding the information that you need a lot easier! senior Kaylee Abend said.

"I just use the cited external links on the Wikipedia pages. They're more reliable and your teacher will never know you even used Wikipedia," sophomore Kevin Engman said.

Opinions on the site vary but it is not uncommon to find students that wish that their teachers were more open to

using the site.

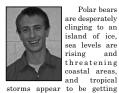
Overall, I believe that
Wikipedia is still a growing
research source, though it is not

But technology is expanding and the ways that information is regulated is becoming more and more reliable. Wikipedia is definitely an example of this in our generation.

The Great Climate Debate

Returning to the Opinion section wi his last political ment of his senior year Beacon writer Zach Einsig takes yet another hot is global warming.

ZACH EINSIG Staff Writer



Polar bears are desperately clinging to an island of ice, sea levels are rising threatening coastal areas

All of these events provide fuel to the over-hyped argument that the people of planet Earth are causing apocalyptic global warming.
While there is no doubt that

humans affect the environment in sometimes negative ways, there is also no certainty that the Earth is undergoing massive man-made global warming.

The key in this prior state ment is the phrase "man-made."
If the science shows that the earth is warming, then the earth is warming. Plain and simple.

Whether the phrase "man-made" should be added to the equation is still, contrary to many media sources, up for

debate.

For the entirety of Earth's existence, the temperature has gone through many changes and followed cooling and warming cycles. For example, before the earth cooled substantially during the period from the 14th through 19th centuries, the 8th century was even warmer than

One plausible cause of this temperature change is the change in the sun's temperature. Records indicate that changes in the sun's magnetic fields have led to direct changes in Earth's temperature.

During the last 100 years the Sun's solar energy has



The global warming debate has sparked much controversy and even some lighthearted political cartoons, as is shown. This image was printed in the Philadelphia Examiner.
photo courtesy of examiner.com

increased: therefore the heating up of the planet that has since occurred is only logical.

The major problem of this global warming debate is that too many politicians and news sources have jumped foolishly on the "man-made" bandwagon

Many individuals have exclaimed that the debate is have over. What a stupid statement to make. In order for science to be science, debate is greatly need-

Until we have more evidence that this warming is more than just a cyclical change caused by variables out of man's control, the debate will continue.

And this is an important debate, for at stake are many American jobs and quite possibly the future of American great-

Right now, Congress is considering legislation called, Cap and Trade, or what many call "Cap and Tax." In short this legislation would limit the amount of carbon emissions and tax businesses that went over this limit and would allow them to trade their emissions with a business that pollutes less than the carbon limit.

This system would make some goods more expensive to produce, which would cause these businesses to lower the supply of goods that they create.

The result of this will be higher prices and fewer American jobs. The decrease of jobs will come from the decrease in demand to create more goods.

This decrease in demand will come from the inability of people to pay the higher prices that the businesses would be forced to charge.

Right now, this very fragile economy cannot afford this legislation. America cannot afford fewer jobs and higher prices. This legislation may strangle businesses and worsen the current economic conditions

While I believe that humans impact the environment, the "jury" is still undecided concerning the issue of whether global warming is "man-made" or just apart of the cycle of Earth.

Our nation must continue the debate, and scientists should continue to research this issue before action that limits our economy is taken.

The Congressional Budget Office alone estimates that the GDP of America would fall by 3.5% and our ability to purchase goods would drop by close to a percent.

I ask every one in this school to examine all of the facts in this climate debate before making a decision. Do not jump on the progressive bandwagon premature ly. Balance the facts with the costs that would come with legislative action. Be an informed

Editor's Note: Though the "jury" may still be unconvined, we should all be taking action to protect our environment. Use those recycling boxes, DAHS!

The Beauty of the Madness

Sometimes even surpassing the excitement of the excitement o Super Bowl, March Madness sweeps the nati(that they were playing a popular team such as Kentucky in the SEAN SPENCER

Staff Writer

Many play-off systems in college and professional sports draw audilarge audi-ences, but no one event can even compare

to the epic appeal of March

March Madness gives 65 teams from across the country a chance to win the National College Basketball Championship. Both large and small schools can qualify for the tournament, which is what makes the tournament so entertaining.

"So many teams get a chance to win. That alone makes it worth watching," senior Travis Horan said.

chance to upset the larger schools, which are viewed all story, and one can feel the crowd get behind the underdog.

In fact, many people had not heard of the team until they saw N.C.A.A. tournament. Everyone is fixed to the T.V. hoping that

they can witness an upset.

For example, this year Butler, a number 5-seed, made it all the way to the National Championship game against Duke. In college football, Butler would not even have had a chance to play for the championship.

In the fall 2009 football season, Texas Christian University (TCU) and Boise State both went undefeated and neither had the chance to win the National Championship. How can an undefeated team

not be given the opportunity to win the championship? This just makes no sense, and takes away the from National Championship game.

Also, the most comm associated with March Madness is the bracket. People try to predict the winner of every game, which in many people's eyes is seen as impossible.

The outcome of every game just simply cannot be predicted due to the unpredictability of the tournament. However, fans still watch the scores of every game in hopes that they can at least win their office or neighborhood pool.

"I like how random the games can be. I never know who is going to win," senior Jared Gates said.

Many of the games are determined in the last few seconds. Plus, the first round consists of 32 games in a two day period.

Companies pay approxi-mately 1.3 million dollars for a thirty second ad in the Final Four. In comparison, a thirty second ad for this past Super Bowl was three million dollars.

March Madness is truly a perfect tournament. It gives all deserving teams a chance to become victorious and gives teams seeds based on their regular season performance.

The excitement of this tournament is unmatched. It supplies entertainment for several weeks. Plus, no one can predict exactly what is going to happen.

* School Switch *

The Wildcats and Lions square off and explore each other's territories.



Each year, local ambulance and police departments, as well as the hospital, volunteer to show the seniors of wen as the nospital, youtuneer to snow the semiors of Red Lion the perils of drunk driving. The mock car accident was complete with student volunteers, who dressed in prom attire and were carried on stretchers to the waiting helicoptor. photo by Lauren Kaufmann

Jordan says...

got to say, Red Lion
Area High School is completely underestimated.
Being there only one day, I
was fully blown away by
how the school defied its stereotype as Dallastown's rival.

I am proud of the strenuous curriculum offered at Dallastown because it fully prepares us students for college; but Red Lion's unique freedom did make me envious. I am not saying that Dallastown is not generous with our trust, but Red Lion definitely gives its students more independence, which is

nice especially for seniors.
Students do not have to fill their class schedule, which, yes, means that study halls first period can become an extended good night's rest. They are not constantly checked for passes in the hallways, making one feel like a convict being questioned. Cell phones are allowed out at lunchtime, which is fifty-six minutes long and can take place in their cafeteria, outside in the sunshine, on the floor, in the hallways, or in class-

Their new wings (the huge gymnasium that sparkles and cafeteria with ceilings fit for Jack, his beanstalk, and the giant) definitely out do our gray-colored walls and cattle shoot ramp. The Apple computers surprised me the most in all their white glory along with the fact that the school is three stories high

Though those little things made me wish for just a second that I were a senior at Red Lion with more independence, I remembered my friends, our multiple array of class choices, and the unique desk arrangements (Red Lion's desks are the ones with the desktop attached to the chair, not good for comfort and movement). I also enjoy that we are not forced to wear ID badges daily or reverse in a parking lot with no pull-through spaces.

In closing, I am glad that I am able to watch the W-CAT announcements at

7:45 a.m. dine in the 'cateteria" at a round table, and wear blue and white at our foot ball gam

Rivalry can breed stereotypes and uninformed hatred. And I have to admit: I had fallen victim to these things

Ben says...

The ongoing Dallastown vs. Red Lion duel has started rumors and bred other assumed shortcomings of each other's schools; I'm here to clear the air of this hear-say.

I recently had the oppor-tunity to attend Red Lion Area High School for a school

day.

I followed Brenna Buer, a senior and writer for Red Lion's *Leonid* newspaper.

First, some basics. Red

Lion starts school at 7:38 am. The students report to home room for morning announce-ments, then to their first peri-

School is dismissed at 2:40

Lunch is not during a class. All of the students go to lunch at one time for a length of 56 minutes.

During lunch, you can eat anywhere you want, as long as you remain on school proper-

The environment at Red Lion compared to Dallastown is much more relaxed.

However, all Red Lion stu-dents must have their student ID on them at all times.

Their school is organized by 'wings.' A, B, and C, are all parallel to each other and have three floors.

The new D wing is positioned perpendicular to A, B, and C and was only recently completed.

completed.

Seems complicated, right? It is. I found myself walk-ing up and down more stairs than I ever want to in a single

day.

The hallways are the same as ours. You have both obnoxious people and stu-dents just trying to go about their business

Aside from the black and gold, Red Lion isn't as different as you would think.

Mechanically they run

things differently, but no one is any trashier or more rich or more individual than anyone here at Dallastown



Put an End to the Drama

Though teenagers are certainly not out. It starts small and normally alone in their dragrows," Kate Apt stated in an ic ways, drama is running rampant ir important to women of all ages? DAHS, and it s up or the ability to control their own us to stop it.

JO'VANA RICHARDSON Staff Writer



everyone has at least one friend who is constantly involved drama in one way or anoth-

er.
It could be because she refuses to stop gossiping behind others backs. Maybe she starts fights with all of her ex-

boyfriends' new girlfriends.

I know girls will be girls and have little tiffs, but it has to stop when the fights are over lip gloss and boys.

I recently watched a show called *Jerseylicious*, in which two grown women, who work with each other, are relentlessly at each other's throats for trivial reasons like dating one another's ex-boyfriends or scheduling their parties on the same day.

After watching this show I began to wonder why girls, or boys in some cases, crave drama. Will it end after high school?

According to Susan Carney of youthdevelopment.com, girls place a high value on their social relationships and status, and any person standing in their way of a high ranking position is

treated as a threat.

As a result, they will do almost anything to maintain or increase their status in that group. This means they will take sides, shut girls out, spread gossip, and become involved in bad behavior to keep their high ranking position.

"There's always one girl in the group who is a gossip and a rumor-starter. She's usually full of self-doubt and wants to make sure none of the other girls find

article on helium.com. Why is social status so lives? I think one reason women crave drama is because they want to control the situation.

In the middle and high school age range, hairstyles, clothes, and social status are probably the only things we can

manage to control.

Women and teenage girls are constantly being influenced by the media to be "perfect." One has to act, look and be a certain When girls don't feel they measure up to what they see in magazines and television, insecurity builds.

For most girls, if they see another whom she considers

"prettier" than she is or a threat to her, she finds every flaw about her that she can so she can make herself feel better. Women say or think things along the lines of "She would be pretty if she didn't have a giant gap in her teeth."

Name calling, taunting and evil glares might seem harmless to some people, but for the person it's happening to, it can be a

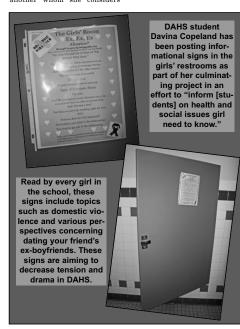
nightmare.

It only takes one girl to spread a terrible rumor around school, or get all her friends on the band wagon to make some-one else life a living hell.

But it also only takes one person to stop this type of behav-

or from happening.

I know there's no way to completely stop this type of behavior, but malicious vindictive behavior over boys and vanity has to stop.



Revenge-seeking Robots

Dallastown finally got revenge after losing to Spring Grove at the Physics Olympics.

NIR SINAY JESSIE RAMAGE Staff Writer

After the devastating loss at the Physics Olympics to Spring Grove, Dallastown needed to pump up its reputation in the

Science department.

Junior Mike Kline and seniors Brandt Witt, Harsha Talluri, Matt Solatto, and Josh Van Hine were all part of this mission to get revenge.

The opportunity presented itself when Spring Grove held its Vex Robotics Invitational this

"We were motivated to compete for two reasons. Revenge on Spring Grove and getting Lab Passes," senior Brandt Witt

Inspired by the movie,

Revenge of the Nerds, the boys named their robotics team, "Lambda Lambda"—to really pull through with the theme of revenge.

The team formed with the

help of Mr. Illyes, the head of Dallastown's Science depart-

Team member, Mike Kline had previously competed in the FIRST Robotics competition earlier this year.

FIRST means Inspiration and Recognition of Science and Technology. He and several other Dallastown students were a part of Team 225 York-Adams United. The team was made up of approximately 10 students from our area and 8 mentors.

They worked together for six weeks after school and all day on Saturdays to create a robot named "O-lay."

The robot had to be able to, at minimum, push balls around and at maximum, kick them up to 50 feet, climb over barriers, and climb on a tower at the end of the match.

The team placed seventeen



Seniors Josh Van Hine, Matt Salotto, Harsha Talluri, and Brandt Witt and junior Mike Kline stand with their Vex trophies. photo submitted

out of fifty in a competition at the Baltimore Convention Center.

For Kline, it was worth the

"Being on team was the best part of it. It was hardwork, but it didn't seem as hard because it is something I enjoyed doing, Kline said.

when the Competition opportunity presented itself, Kline teamed up with the others to form Lambda Lambda Lambda

The team built their base robot in three hours and then spent time figuring out the additional parts and how they would use them to compete.

Van Hine was the team captain, and Kline was the operator

of the Robot. Witt. Talluri, and Solatto were the crew members for the team. They changed bat-teries, strategized, reassembled parts and encouraged the team, as well as intimidating the opposing competitors.

The Robot itself was about 8

inches high and 10x12 inches a

In the actual competition the teams had to participate in 6 different challenges. Some of the challenges included racing through a maze, marble pick ups, battle ball and bowling.

"My favorite part of the Vex Competition was when we were the last team to do the bowling and we bowled the only strike of the night. The team went nuts, Kline said

The challenges were fun for the team because of their strengths in science. "We have a deeply rooted interest in physics," Talluri said.

At the end of the day, the goal of revenge was met, grant-ing Dallastown a second place win at Spring Grove's Vex Robotics Invitational.

Obsessions: Good or Bad?

Guilty pleasures and the benefits that come with may not be so guilty. In fact, found that over 126,000 people may help with one s health.

BROOKE BRACKETT ANGELA GIDDINGS Staff Writer

Obsessions are something that everyone has. Not all obsessions are good, but not all obsessions are bad either.

There are a lot of misconceptions with certain obsessions that people have. Some of these obsessions include coffee, wine, and chocolate

There has been a lot of

Harvard researchers have over the course of eighteen years have benefited from coffee.

Thomas DePaulis, research scientist at Vanderhilt University's Institute for coffee studies said, "Overall, the research shows that coffee is far more healthful than it is harm-

Some benefits include lowering the risk of Type 2 Diabetes. By drinking at least one to three cups of coffee daily, it can reduce the risk by single digits.

But by drinking six or more cups, they have found it lowers by 30% over non coffee drinkers.

There has also been evidence that shows it helps manage asthma and can even control an attack if medication is not avail-

Furthermore, it can help to stop headaches and prevent cav-

Evidence is very strong that drinking coffee regularly reduces the risk of Parkinson's disease because it is directly

related to caffeine.

DePaulis said, "In fact,
Parkinson's drugs are now being
developed that contains a derivative of caffeine based on the evidence gathered."

Another obsession that is actually a healthy one to have, IF age appropriate, is drinking red wine daily.

The benefits include preserv

ing memory. In studies done, it has shown that women in their 70s who drank one or more every day scored much better on memory quizzes than those who do not.

By drinking wine, it helps to prevent clots and reduce blood vessel inflammation which both leads to heart disease.

Another benefit to drinking red wine daily is to tend to have lower body mass and narrower waists and less abdominal fat than people who drink liquor or those who do not drink wine at all.

The third obsession that a lot of people tend to have is chocolate. Sweets and sugars can be bad for you, but not all sugars are bad.

Researchers at the 2004

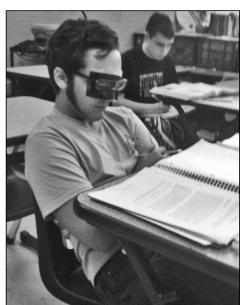
American Society Hypertension Annual Scientific Meeting in New York have found that dark chocolate and cocoa improves the function of blood

Dark chocolate is also full of antioxidants. These are substances that protect cells against the effects of free radicals. Free radicals may harm cells and cause heart disease and cancer.

So just eating a piece of chocolate could save you the risk of getting cancer.

The next time someone says to you that one of these obsessions is something you should get rid of fast, you will be able to inform them of all the benefits that are involved with them.

PSSAs are a Doozy



Junior Russel Torres takes a cat nap after he finished his PSSA test. He rests his with his handmade sleep mask. photo submitted

PSSAs terrorize Envirothon team the juniors at Dallastown but benefit the school micholson

JORDAN NICHOLSON

Co-editor-in-chief

After the first day of essay writing for junior Russel Torres, he decided to take advantage of the PSSA Survival Kit's tips.

Torres took the black slip that had once covered the writing prompt and proceeded to create a sleeping mask by securing his glasses over it.

"It was right after the students finished. I went over and took a picture. He was snoozing," English teacher Mrs. Anderson said.

Some juniors said that although the material was the schedule made it doable, difficult for them to keep up in other classes.

"Because the test took more than a period, I was constantly missing time and work in my other classes. I had a lot of tests to make up," junior Jordan

Into the Wild

places in annual competition.

Co-editor-in-chief

On April 26, 2010, from 9:30-1:30 p.m. Envirothon participants competed with seventeen teams to win Envirothon competition at John

Practice for the competition consisted of visiting places that range from Nixon Park to tree

"I especially loved the hiking at Nixon Park," senior Natalie Cox said.

The challenges consisted of tests from practicals to written answers. The categories in which they competed were as follows: aquatic, wildlife, current issues, soils, and forestry.

Groups were then ranked from first to third place. Dallastown's team consisting of Freshmen Lauren Hodge and Brett Gemmill and seniors Jeff Putt, Sara Yourist, Shelby Amspacher, and Natalie Cox won third in wildlife.

"We did everything from identifying trees to determining soil quality," Cox said. "In the end, we brought home ninth place overall.



The Envirothon team headed by Mrs. Lloyd and Mr. Stauffer pose at the annual tournament held at John Rudy Park.

A "Nichol" For Your Thoughts

"Look for the bare necessities."

Hey Dallastown!

Antiquing with my mother months ago, I came upon a piece of hand-stitched needlework.

Stitched somewhat illegibly was a poem. By whom, I have no idea; but, for this issue, the only thing that has been on my mind is the promise of a scorching July day where I have nothing on my

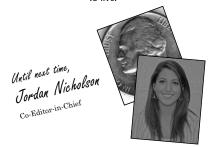
Sometimes as students we are completely stretched in all directions between family, friends. schoolwork, and extracurricular activities, but I for one always try to pause a moment and take a deep breath knowing that all of my hard work will soon payoff.

The poem that I found is simple and to the point. In fact, it is entitled "It's the Simple Things" to remind us that in our fast-paced world in which we live, it is always good to once in a while stop a second to let go of grudges, to stop comparing oneself to others, to stop dwelling on the items one does not have or the negatives, and to start counting our blessings and appreciating all that we do have for one day, they may only be a

It's the Simple Things

It's always the simple things in life that are best. The laughter of children and baby birds in a nest. A walk in the woods, smelling freshly mown hay.

Or a peak of the sun on a cold rainy day. It's a smile from a stranger while passing you by. Or the sight of a rainbow in a clear flawless sky. So accept all the little things that life has to give. Make the most of each day for it's simply, your life to live.



Walk for a Cure

Dallastown s students join The Volunteer Club is putting a together to get lot of effort into the D&D and pet a llama $\frac{1}{1000}$ Volunteer Club member Emily $\frac{1}{1000}$ Beard said. help support

Last year one of the biggest and most talked about events at Dallastown was the annual CF fundraising event held by the Volunteer Club to help raise money for Cystic Fibrosis in support of Mr. and Mrs. Murphy's son, Shad.

With the Down and Dirty Challenge (D&D) added to the event last year, the expectations were higher than ever and the expectations were certainly reached.

"The D&D was a great addition to the CF event. The mud pit was a lot of fun. A little dirt never hurt anyone," junior Alicia Inkrote said.
Since the D&D was such a

hit with Dallastown students, it only made sense for the Volunteer Club to make the D&D the focus of the 2010 CF

"This year's D&D is going to be even better than last year. down and dirty this year's CF event," junior

To make this year even better, different events have been Cystic Fibrosis added to the challenge. And if anyone thought it was not possible, the events just may be even more 'dirty' than they were last more 'dirty' than they were last

Some of the new events added are Blind Man's Basketball, a Slip and Slide disadded tance challenge, Hamster Run, and even a Dunk Tank where students will be able to dunk their favorite (or not so favorite) teachers.

If you would like to participate in those interestingly named events, find a partner and sign up. Students can even choose who else they would like to have in their heats. That way it will be even more competitive and fun.

Although the D&D is the focus of this year's CF event, there will, of course, be many other activities. There will be a 5K run, pizza eating contest, fun run, an Ultimate Polka Contest, face painting, and lots of food and socializing.

Another

place to raise money for the CF cause is the fashion show Juniors Hannah Lane and Bobby Esiaba are holding the CF Fashion Show for their culminating projects. This is the third year a fashion show to raise money for CF has been held.

The actual show is June 3, but new or gently used clothing are being collected now so anyone interested in decorating can

"Everyone attending can bid on the pieces they want. The money obviously goes to the CF fund," Lane said.

At any major event, food is a major part. That is why at the CF event there is a food card that the people that pay to be a part of the event get. The food card allows everyone to get one of each type of food. Walking tacos, hot dogs, baked goods, and soda are among the different foods the card allows.

The CF event will be held on

June 4, 2010 from 2 pm to 6 pm. That is one of the half days that finals are taking place. way after a rough exam, stu-dents can let loose and have fun.

It is \$20 to sign up and be a part of the D&D Challenge. students pay to participate in that, then they can participate in the 5K, too. Paying for one allows students to participate in both for only \$20.



Students participate in the "Down and Dirty" challenge, benefiting the CF cause. All of last year's students thoroughly enjoyed the mud experience and were glad that they were able to help out with a cause by having fun. $photo\ submitted$

Debating to the Finish Line

Dallastown s Forensics team, while being both tain Lizz Crivaro, practices after lesser known aetischool Tuesdays and Thursdays ty and the small (night and participates in tournateam in the area, Forensics is speech and continues the major categories: interpretation tradition of suc(of literature, public address, and

KATIE MATERO Staff Writer

Imagine giving speeches similar to that of oral communications to a random audience every weekend and being judged

for your performance.

While to most people this seems more of a nightmare than a fantasy, the Forensics team at DAHS spends most of their free

time preparing to do just that. The team, coached by Dallastown graduate Stephanie Borger and lead by senior capuntil as late as nine o'clock at

Forensics is speech and debate organized into three

A team member competing in the interpretation of literature would choose either a dramatic or humorous piece of literature that is acted out in front of judges for about ten minutes.

Public address consists of informative and persuasive speeches as well as extemporaneous speaking, an event where one is given thirty minutes to answer a current event question

using files and then present a

seven minute speech.

The last public address event is Student Congress, a mock session of real Congress.

Debate is the last category, and there are three events in which DAHS participates: parliamentary debate, where teams of three address a certain theo retical issue and simply debate back and forth. "Forensics helps expand your knowledge, seeing that you're either closely study ing literature, learning about current events, or exploring deeply philosophical issues," Crivaro said

Public forum, a two-on-two debate in which teams must sup-port the pro or con side of a resolution, which is usually a statement resolving current events.

Students get involved in Forensics for a variety of rea-

"My parents told me from an arly age that I would be a good lawver, because I argue about everything, so when they heard that the school had a debate team they told me I should check it out. It turned out that I was pretty good at it," sophomore Rvan Schroeder said.

The Lincoln-Douglas debate is a values-based debate answering a moral or philosophical dilemma.

"It's rather empowering to wear a suit and make people cry," freshman Megan Noll, a Lincoln-Douglas debater said.

For the thirteenth year straight, Dallastown took home the Pennsylvania High School Speech League District 7 victory and qualified many competitors to the state-wide competition at Susquehanna University.

In addition to a strong finish at districts and states, the

Dallastown team considers their trip to another prestigious tournament as a highlight of the

year.
"The team had an excellent showing at the University of Pennsylvania's Liberty Bell Classic," Crivaro said.

Other members of the team include senior David Trauffer, juniors Kate Heath, Jacob Winograd, Robert Wood, Linda Wang, Brooke Baldwin, and Ethan Roth, sophomores Ryan Schroeder and Alaysha Claiborne, and freshmen Benny Berger, Sam Nicholson, Megan Alaysha Noll and Christina Haritos.

"The experiences I've had in forensics have yet to be matched by anything else I've done. The travel and exploration of new places were incredible, as were the friendships I've gained as a result of the community, Crivaro said.





Italia Itinerary

Day One: March 10: Travel Time

evening, and prepare for takeoff -Fly "across the pond" to Italia. Day Two: March 11: Rome -Buon giornol Arrive in Rome at 7:50

AM local time.

-Meet the coolest tour guide ever,

Maurol

-Witness the flocking of street vendo around the group while visiting the Colosseum, Roman Forum, and the

"naval of the world." –Throw a Euro into the Trevi Fountain and wish to return to Rome -Slip down the Spanish Steps on the v to dinner at the guirky White Hen

Day Three: March 12: Vatican City

fast before leaving Italy_and entering Vatican City.

-Tour the Vatican museums, and take that, according to Dante, is guarding the

-Drink holy water from a fountain before visiting the famed St. Peter's Basilica.

-Peruse street ven while eating a traditional panini and a yummy Nutella-filled cookie.

-Eat a traditional dinner of pizza cooked in a brick oven with the whole group as the perfect ending to Sweater Vest Friday, Roman style!

Day Four: March 13: Pompeti

-"Wakey wakey, Dallastown!" Under the watchful eyes of the epic Guiseppe, drive through the Campagna region on the way to Mt. Vesuvius.

climbing to the top of the still-active

Tour the ancient city of Pompeii, whose foundations and menus are still intact.

Return to Rome for the day's last gelato.

Day Five: March 14: Assisi

-Drive to the beautiful medieval town of Assisi, home of the gorgeous St. Francis

Basilica. -Explore the city's winding streets while

munching on a cannoli and windowshopping in the small boution Board the bus and contin

o treme in Italian).

Tour Florence by foot, and visit the Academy of Fine Arts, which houses Michelangelo's David.

Day Six: March 15: Florence

Have a mozzarella and prosciutto

-I lave a mozzareila and proscutto breakdast before hitting the streets for an extensive tour of the city. -Visit a leather factory and participate in a fashion show (realize that Brett is, in fact, the Fonz). fact, the Fonz). –Learn about the Baptistry's golden

mosaics and Ghiberti's Gates of Paradis before climbing to the very top of the Duomo, providing for an incredible

panoramic view of the city.

-Enjoy two of delicacies of the region for dinner. crostini and wild boar.

Day Seven: March 16. Padua
-Board the huse and to the control of t

Board the bus and travel along the

famed Alta Strada past breathtaking Padua, the location of several

-Tour the magnificent St. Anthony's Basilica before continuing on the bus ride to Venice!

Play soccer with Doc Nel and Uncle Al on the banks of the Mediterranean Sea after arriving at the hotel in Venice. -Take a boat ride to St. Mark's Basilica

see the infamous Bridge of Sigl Day Eight: March 17: Venice

-Take a private boat ride to the world renowned Murano glass workshop. -Tour the Dodge's Palace on the mai Venetian island before having uet another yummy panini for lunch. -Ride a gondola through the winding canals of Venice while listening to the singing of the gondoliers. After having a final Italian din

the hotel, enjoy a long walk at night while enjoying the last authentic ge Day Nine: March 18: Back Home

plane ride to Frankfurt.

during the layover in Germany before finally hopping back across the pond and heading home!



The Queens of Kings Dominion

DAHS cheerlead ers do more than spur our teams victory; they ta home champi onships.

COURTNEY EDWARDS Staff Writer

We've all seen Dallastown Cheerleaders on the sidelines at football games or leading the crowd at a pep rally, but an activity that sometimes flies under the radar is competition cheerleading.
The competition cheerlead-

ing squad of 27 girls competes against other high school cheerleading squads.

Although they travel to

many locations, for the girls, the biggest competition of the year is always the YAIAA Cheerleading

Championship.

Each year, the teams from the area gather to see who is best. This year the competition, was held at Dallastown on March 20.

The competition has existed for seven years, and Dallastown has taken home the second place

trophy every year.
This year was different.
The Wildcats went up against 6 other schools in the large varsity division and finally captured first place. York Suburban won in the small varsity division.

Senior Bri Welsh stated, "It was one of the best feelings ever. Especially because it was my senior year. We worked so hard and we finally got what we



The Dallastown Competition Cheerleaders pose with their trophy by the fountain at King's Dominion in Virginia. This competition was their last of the year and the third time they took home first place this season, photo submitted

Welsh, along with fellow seniors Mariah Little and Hannah Potter, were team cap-

At the championship, senior Jera Scott won the Tumble Off. Participants had one tumbling pass to deliver their best gym-

nastics skills.

The cheerleading squad has been coached by Miss Gable for the past 16 eyars.

The cheerleaders also com-

neted at Cumberland Valley the Harrisburg Farm Show Arena, and the Lancaster Convention Center this year.

To complete their season, the squad traveled to Kings Dominion on April 24. Here, the Wildcats took home their third championship of the year.

"It's a lot of fun to compete and travel to different places.

It's even better when we win though," sophomore Damani Johnson said. "Competition cheerleading takes a lot more work than regular cheering for any other sport.'

"It takes a lot more work. We constantly go over the routine to make it better," Johnson said.

In addition to preparing for football games, basketball games, and wrestling matches, haskethall the squad endures many additional practices to make sure that their routine is ready

Each year the routine has a theme. This year's theme was Superheroes, and their music mix for their routine incorporated that theme.

"My favorite part of the routine is the stunt sequence. It is the hardest one we've ever done and we nailed it," Gable said.

The routine, which is two

and a half minutes long, includes a number of elements, such as dances, cheers, stunts, tumbles, jumps, pyramids, and basket tosses.

"Every year we try to add

difficulty and top what we did the year before," Gable said.

It has proved to be a great year for the squad.

"This year was pretty sweet because we got new uniforms to kind of go along with our super hero theme," Welsh said.

With their first place trophies as reminders, the team will be working very hard to win another one.

"We want this to be just the beginning. We want to defend our league title next year and be even better, so we have a lot of work to do," Gable said.

Smokin'Aces Dominate in **Dodgeball**

The annual tour nament gets the

masses pumped. CASSIDY SHEARER

Dallastown's gyms were a frenzy of intense competition on March 23 when ten teams entered a dodgeball tournament in hopes of earning the champi-

This was the second year for the event and Student Council event chair, Brett Jenson, had high hopes when he set up the tournament.

"I thought that this year's tournament went well. The tournament ran smoothly and it was very entertaining to watch. It was a success," said Jenson.

The teams got the chance not only to play some extreme dodgeball, but also to have some creativity with their teams, ranging from Morgan State FTW, The Black Panthers, and Junior Mafia.

"I really enjoyed it. It was fun playing with people who aren't always in gym class," senior Joe Malinsky said.

The bleachers were packed with fans, and each team's section would burst into a roar to support their friends.

The Black Panthers were just edged out in an exhilaratng game to earn the third place

title.
"Our team was poppin' mad domes, but in the end we still owned!" senior Zach Mohar said.

The Smokin' Aces took home first place this year. The team consisted of Ben Kline, Ryan Leader, and Davy Naylor.

Last year's dodgeball tour-nament was a big hit, so it would be expected to be even better this year.

With more teams and more rivalry, the tournament was a

huge success.

The standard JCC rules applied to the tournament, as well as the generous cash prize at the end. This year's tournament, although, was a strict dodgeball event, and a dance was not held with it.

The players, as well as fans, received a free drink with their two dollar admission.
"I am hoping that this tour-

nament continues to grow. The past two years it has been a very successful event. Everybody seems to enjoy it," said Jenson.

The Great PA Cleanup Commences

Football players Football coach Kevin Myers organizes this event, which has and cheerleader secome a yearly tradition. Myers loves seeing the teams come come together together to help the community.

spruce up the community.

NIR SINAY

Staff Writer

The Dallastown community is involved in everything Dallastown students do; they attend games and events, help with fundraisers, and show a constant stream of support.

As a way to give back, the Dallastown football players and cheerleaders participate each year in a community clean-up close to Earth Day.

"This event gives the players a chance to give back to the community, and the kids really like it. They look forward to it every year," Coach Myers said.

On April 17, athletes and coaches gathered for a pancake breakfast sponsored by the Football Boosters. Afterwards, their community service began.

Wearing bright yellow cleanup shirts sponsored by Modern Landfill, the group was broken into smaller groups to walk the streets of Dallastown picking up trash. The event spawned from a statewide initiative, The Great PA Cleanup. A theme this year during football season was "Two Squads-One Family." The idea of

family certainly impacted the clean-up event. "Everything we do is together-for each other, with each

other. No matter what we take on, football is a team sport and we are a family," Myers said Cheerleading coach Miss Gable agrees. "It's something

they can do together. It's amazing to see how much they can accomplish in a few short hours." Junior cheerleader Danielle

Schriver has participated in the

"I got a great feeling by knowing I helped in the commu-nity and made a difference,"

Junior football player Nick Reed agrees. "Having fun while giving

back to the community was great. It's one of the memories I'll remember for a lifetime, Reed said.

Sophomore cheerleader Nikki Geldmacher also got a lot out of it.
"It's all about giving. Being

together made it feel like it was n't even work; it was a lot of fun Geldmacher said.

The participants filled two large dumpsters in the school parking lot during the two hour event, but more importantly. they showed support for the community that supports them.



First row: Nick Wilson, Carly Henry, Sally Trout, and Damian MillerSecond row: Courtney Golden, Jordan Houck, Jordan Donaldson, Brandt Witt, Kenny Steinbaugh, Brynna Kilishek Third row: Bonnie Arbittier, Tori Davis, Katelyn Fitz, and Chuck Lockwood photos submitted

GYM CLASS HEROES

POLKA! This year's polkaers were so spectacular that we couldn't just choose one class. With the days 1 and 4, period 4 gym class on the right and the period six,

days 2 and 4, gym class on the left, these students could not be beat when it came to strutting their stuff on the gym floor.



First row: Micheal Klahold and Liz Saffell Second Row: Josh Mazzoni, Wes Croucher, Peter Bezek, Ryan Behrmann, Derrick Mayfield, John Berthold Nyan bern mann, Bernan, Maynen, oolin Bernand Third row: Andi Gingalewski, Kara Emig, Trail Linton, Mackenzie Groff, Mariam El-Maghrabi, Hannah Bressi, Fourth row: Maggie Seitz, and Phil Sprenkle

ports~

Kurek Defends the Goal in Boys LAX

MILES TROUT

Dedication is not a question for the starting goalie on the Lacrosse team. Senior Kyle Kurek has defended the goal for the varsity team since freshman

Getting to varsity as a freshman was easier for Kurek than you might think

"In our first game, the goalie never showed up," Kurek said, "So I stepped in the net with a short pole... I have been the goalie ever since."

"Every year Kyle gets even better," senior defender Kyle Strous said, "He pulls through in a clutch and has made a lot of

really good saves this year."

His confidence knows no bounds as far as LAX is concerned. "I play the entire game," Kurek said, "I don't even go out for injuries... last year I played three quarters of a season with a broken foot."

Constantly being battered and bruised is somewhat of a reward for Kurek. "It only hurts for a few seconds and it typically looks pretty cool," he said.

This year LAX is having its

best year yet.
"We have lost twice now head coach Andrews said, "Both losses were nondivisional, so we are still first in the division."

This season is far from over for the team. So far most of the members seem to agree that the highlight for them so far was "Thrashing Redlion."

"They are our backyard rivals and had not lost in over a year. It felt pretty good to give them their first loss."

The team is having a great year and is really pulling together as a team.

"We all have good chemistry

and play well together," senior Ben Pettit said.

"Like Sam Westenberger, Tyler Imhoff, Johnny Hyman, and me, the defense has stepped it up. We're looking forward to districts "



This hard work has led to DAHS defeating its rival Red Lion 10-8. So far, this has been a highlight of this season.

LAUREN KAUFMANN Staff Writer

Girls LAX

Softball

ZACH EINSIG Staff Writer

The Lady Wildcats of the DAHS softball team have been in full swing since the beginning of their season this spring. Senior team captain Leah Beach and junior captain Josie Legere have led the team through several successful tournaments and to individual game

Led by Coach Young and captains Katie Barbato, Jillian

Hartman, Hannah Lane, and Hannah Seitz, the DAHS girls Varsity

Lacrosse Team currently has a win loss record of 4-3. As the team explained, these three losses represent the hardest teams they expect

to play; therefore they hope to go undefeated for the rest of the sea

trict potential."

JV Players Morgan Dygert and Christine Kapterian describe this

JV Players Morgan Dygert and Christine Kapterian describe this

year's team as "Giving 110%, they deserve all of the wins they have

Varsity goalie Sara Wagner said, "The team definitely has dis-

"We placed second in the Hanover Tournament," Beach said. "We had a solid defense and kept the bats going for the tournament."

According to Beach, the most unique facet of this year's team is fact that "there are both five freshmen and five seniors."

Though there are lots of fresh faces this season, "it allows for the beginning of a strong team," Beach said.

As the freshmen members, including pitcher Kelsey Collins, gain experience in the coming seasons, great things can certainly be expected from the ladies of DAHS softball.

Setting Records in Track and Field

JOHN BODDINGTON

As the 2009-2010 school year comes to a close and the weather warms, the Dallastown track team is in full gear.

One student in particular has broken the status quo and her previous record. After making it to states last year, junior thrower Margo Britton has moved onto higher goals.

Being involved in middle



school track, and presently high school varsity track, Britton has been improving for years. She participates in shot put and dis-

Britton has many goals for her season.

"My distance goal for shotput is forty feet. In discus, my main concern is mastering my spin. I know if I master the technique, the distance will come.

Varsity track coach Mr. Barshinger agrees.

"Margo is a great thrower. but she is still just scratching the surface of her potential. With more hard work and greater consistency, she could be among the best throwers ever in the YAIAA," Barshinger said.

Aside from Britton, Barshinger points out other members of the track team that go the extra mile.

"I wish we could recognize all of he kids. We are fortunate to have great kids in track and field," Barshinger said.

seniors Chuck Lockwood KC Abakporo, and juniors Edema

Enyong, and Bobby Esiaba "Track and field his year is amazing, I love being a spectator as much as being a competitor," Abakporo said.

Along with Britton and Abakporo, the other members of track seem to be enjoying the spring season too.

"We are having a very suc-cessful year. The track team this year is really solid," seniors Alex Leman and Staci Staver said.

With Dallastown Boys' ing 77-73 to Red Lion, and the Girls' losing 78-69 to Southwestern, the coaches remain positive and are proud of their students for giving it their

all.

"We can't change the fact that we've lost; we can only try to make ourselves better and learn from it," Barshinger said.

The Wildcats look forward to the Dallastown Invitational April 30, and the YAIAA Championships on May 14.

Boys Tennis

JENA PRATS Staff Writer

The DAHS boys tennis team is serving up yet another successful season. The team currently boasts six wins and three losses, with

While the stats are relatively the same as years past, this season does have a few distinctive characteristics

Unlike last year, seniors dominate: Teddy Rittase, Max Lilie, and Ethan Boyle fill the first three ranks on the team.

We have more good competition in our league [this year]," Boyle

The highlights of the season of the season are sure to be the big matches against South Western and Central, according to players

"Including ourselves, we are the three teams fighting for the County championship," Rittase said.

However, what distinguishes the season the most is not the internal or external competition but its meaning.

"We are dedicating our season to Sebastian Eisele, a foreign exchange student from Germany who played number one on the team last year. He has been battling with testicular cancer which he was diagnosed with earlier this year," Rittase said.

Girls Soccer Hopes to 'Defend and Extend'

Compiled by Staff

All you really need to know about Dallastown girls soccer is that they are more than a team; they are a family.

Just ask any of the players who spend their time together both on and off the field.

You would think that we would get tired of each other, because we are literally together almost everyday, but we don't. There's no drama," senior Katie Austin said.

Austin and the other nine seniors – Katie Alban, Shelby Bleile, Melissa Stewart, Tory Hill, Jackie Ketterman, Liz Berger, Mia Duffy, Sam Smith, and Emma Sweitzer – came in to this season with specific goals for the team

Led by Coach Barbush, the team lives by the phrase "Defend and Extend.'

Last year the Wildcats won counties for the first time in school history. This year, they hope to defend their county title and extend past the first round of district action.

"We've made it to districts, but we've never made it past the first game. We really want to do that this year," Austin said.

In addition to their success

on the field, they also pride themselves on team unity.

This season they have participated in a variety of activities from fundraising dinners to run-ning the Donor Dash to raise money for organ and tissue donation awareness.

The Donor Dash is just one event in which the team participates in honor of Zac Sweitzer

Zac. brother of soccer players Lauren ('08) and Emma, was killed in a car accident last year. He was an organ donor. Knowing that their loss helped others has helped the Sweitzers to deal with their grief.

"The whole soccer team really comes together to support the Sweitzer family. I announced that I was selling the t-shirts and I was overwhelmed with orders from the team," Jackie Ketterman said.

One unique event is the team study hall held each Wednesday in the cafeteria.

"We have dinner and work

on homework together. I have gotten help on math. It's more fun when you do it together," Austin said.

The events aren't just for seniors. JV and Varsity team members ranging from grades 9-12 all hang out together.

"All of the seniors are really welcoming. Just because you are a freshman they don't exclude you from anything," freshman goalie Becca Austin said.

Apparently the focus TEAM is working. The Wildcats are currently 9-1-1 with a loss to Central in overtime and a tie against Southwestern in a game cut short due to rain.

They are well on their way to achieving their Defend and Extend goal.



Baseball

Compiled by Staff

The Dallastown baseball team heads into the second half of their season with a 4-8 record, but that doesn't fully represent the talent

"We have a ton of talent this year, more than in the past, but we just have to find a way to make it mesh," senior Mark Fyock said.

The Wildcats are coached by Mr. Trout and are led by seniors Fyock, Mike Munoz and Chris Miller

For Miller, his senior season is bittersweet. "Tve been hurt and its hard to just sit there and watch and not be able to contribute." Miller said.

With key games left against Red Lion and Southwestern, the team still has a chance to end strong

"Going into the second part of our year, we're going to be a tough team to beat," Fyock said.

Boys Volleyball

WES CROUCHER Staff Writer

The boys volleyball team has a 3-1 record this season and just came off of an exciting win against Dover, winning 22-20 in the fifth

game.
"We had a pretty shaky start to the season, but we keep pro gressing everyday," senior Joey Castriota said.

The Wildcats still have to take on some big league matches

against Central and Northeastern back-to-back, known as "Hell Week," and Spring Grove and York Suburban.

"We're a pretty young team because we lost seven starting seniors from last year, but we expect to be playing at a higher level by the end of the season," Coach Bishard said.

The boys will also participate in the Koller Classic, an invita-

tional held at Central. Later in the season, Dallastown will hold our own 25-team varsity tournament on May 8.

"We keep getting better and learning more with each match. I think we just have to take as many teams as possible and see what our standings are like at districts and go from there," senior Peter Shuey said.



This month, Eric opens our eyes to fun spring sounds Difscovery

"Osaka Loop Line" mesmer-

izes with its simultaneously

lightly twinkling tones and dirty

digs, but because this sentence

makes no sense vou'll have to

In "I Wanna Be Your Boyfriend (ft. Angel

Deradoorian)" Batmanglij chops

and mixes Deradoorian's vocals

into a strangely seductive sound-

ing hot mess that feels oh so

Definitely one of the high-

lights of this album is "So Insane." Every time the tempo

changes, Chuck and Ross spazz

er of the album's best songs, "Swing Tree." If you can resist

playing the air-keyboard to this

The seventh track, "Carby," features Vampire Weekend's

lead vocalist Ezra Koenig. It starts off sounding like some

sort of 90s junior high club jam-mer off of the Space Jam sound-

track, but soon evolves into

Koenig channeling both a man

and a woman hitting the dis-

guide you out of winter's dark

night, let LP be your torch.

The lyrics read like a Young

If you're looking for a light to

Following that gem is anoth-

out. It will blow your mind.

one you have no soul.

cothèques.

Money hit.

Mr. Murphy

You can get iced tea with

lemons in it, but you cant get

lemonade with iced tea in it."

Junior

Lindsay Kober

hear it for yourself.

right.

ERIC CHESTNUT



Spring is in the air, young love is blossoming, and the murder rate around these parts is at an

annual low (unsubstantiated). With this sunny weather I

need some sunny music, so this week I'm choosing last year's mid-summer sleeper *LP* by Discovery.

I have been wanting to choose this album since October, but this album dies with the setting sun.

The first rule of Discovery is that you only listen to Discovery when the sun is shining.

Recommended to me by current senior Chuck Lockwood and 2009 graduate Ross Walter, this is definitely an album to obnoxiously blast on any main street.

Formed in 2009 by the confluence of Ra Ra Riot vocalist Wes Miles and Vampire Weekend keyboardist Rostam Batmanglij, Discovery mixes indie vocals and funky electronic

LP, their first album, is a heck of a way to begin a career.

Track one, "Orange Shirt," is about a modern relationship: steamy roller coaster romance, furious texting, and miso soup.

I have to pause here to relate this song to the rest of the

Many of the songs on the album are about fly young honevs and significant others and so fourth. I must say, for a scraggly white guy and teeny little Persian American, they

Drumline Dominates KIDA

Indoor Drumline gets the gold ar have become the KIDA grand champions.

t KATIE AUSTIN Staff Writer

Starting in November and going till the last week in March, the Dallastown Drumline practices twice a week for three hours; maybe this is why they

are undefeated.
"Drumline is not about winning, although that's a great bonus. Drumline is about the passion we have for the things we are good at, and the things we do. We love it, so we play our best," senior Sharon Bracken

said.
What happens at a competition?

First the team arrives early at Dallastown and starts to load up a big moving van. After arriving at the school where they are competing, the team unloads the van and waits to perform. When it is their turn, the team has ten minutes to set up, perform, and tear down all their equipment.

The drumline placed first in

every competition they attended this year. Having a repeat from last year, the team scored 91.9/100 with their next rival scoring 91.6, Dallastown won championships...again.

"I'm happy we won champi-onships again," senior Morgan Romesberg said. Competing in the standstill

category in the blue division.



Reigning victorious at the KIDA championships, DASD Drumline celebrates the finale of the 2010 season. Photo Submitted

this is the highest division and consists of the best drumlines. the team won the K.I.D.A. championships. K.I.D.A. stands for Indoor Drill This consists of Keystone Association. indoor drumlins and indoor color guards from Pennsylvania, Maryland, and Delaware. "With drumline, we do not

erform very often, especially in the indoor season, so it's even harder for people to come and realize what talent students at this school possess," Bracken

Dallastown Indoor Drumline has become a well-known competitive school in the tri-state area (Pennsylvania, Maryland, and Delaware).
This year the show was enti-

tled, "If it Ain't Baroque," features Bach, and Pachabel.

"We took songs from them and switched it up a bit,"

"We must 'move and groove during our shows. This year, we added dances, snaps, and many different sections such as a jazz, Taiko, and rock out," senior Bracken said.

There are a total of 29 members, seven of which are seniors.

"To be a senior, it feels pretty nice because you are the old-est one there. You have had the most experience, but at the same time, it is kind of sad, because it is your last year and you will not be able to do it again," senior Jared Miller said.

"I'm going to come back and watch everyone," Romesberg

The season has ended, but the memories will last forever.

"It means a lot to us, because we know that all our hard work has been worth it in the end." Miller said.

Amanda Brown Goes For Junior Miss

Junior Amanda Brown participatesscholastic, fitness, talents, self the Junior Miss competition this y

CAROLINE NEWBERGER Staff Writer

Seeking to recognize, reward, and encourage excellence, The thousands of dollars in scholarship money to contestants for expression, and interview competitions.
Along with the other 27 con-

testants, DAHS junior Amanda Brown has been practicing four hours each Sunday to be a part of the competition.

"At practice, we go over each routine a million times, have

Senior

Erin Grothouse

our talents for one another Our big sisters (mentors) provide us with a snack each practice, and we get a chance to get to know the other girls," Brown said.

Brown originally heard about Junior Miss through a friend who has been a mentor for the program for numerous

The pageant will take place at Central York High School on

and playful lus-

ciousness that

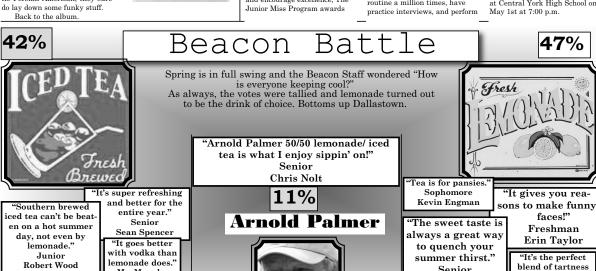
lows tea out of its

glass."

Junior

Eric Thomas







The DAHS Staff recommends their far the world of Arts & Entertainm

To Watch...



Deadliest Warrior

DR. NELSON Latin Teacher

I was going to tell you about The Late, Late Show with Craig Ferguson, if for no other reason than he's recently gotten a Robot-Skeleton sidekick by the name of Geoff Peterson, but I shan't. Nay rather, the show you should be watching is The Deadliest Warrior on Spike TV. Each

week they match up two different warriors from history, doing scien tific tests on their weaponry and armor and then running the results through a simulation program to see which warrior would likely win in a fight. The first season contained such classics as Ninja vs. Spartan, William Wallace vs. Shaka Zulu and Knight vs. Pirate. A new season begins on April 20th, where we'll see such things as Al Capone vs. Jesse James, Mongols vs. Commanches and Alexander the Great vs. Attila the Hun. It's entertaining, it's educational, it's horrifying! What else could one want in a TV show?

To Kent...



MISS THEOFILES Student Teacher

Although most French films include ample amounts of cheese, smoke-filled cafés, and crepes amounts of cheese, smoke-fined cares, and crepes abound, the French thriller "Ils" has nothing of the sort. "Ils" translates to "Them" in English, and includes

subtitles for user-friendly viewing. Although not in English, the film translates its horror and suspense perfectly to any viewer. Main characters Lucas and Clementine live in a rugged old mansion in the middle of the woods and far from any civilization. Although a French film, it takes place in Romania - where Clementine is a teacher at a French school. The night begins with horrific noises and terrible screams and cries, Clementine and Lucas's journey begins in their home and ends with them fighting for their lives. The audience sees the couple's relationship tested countless times as they try to tag team the source of their torment. With a surprise twist at the end, "Ils" provides a suspenseful set up for any movie buff. A lot of the movie relies on direc-tors David Moreau and Xavier Palud's ability to lead the viewer's eyes to certain areas of the frame. They frame each shot beautifully and the completely-did-not-see-that-coming ending will shock and amaz all! I encourage you to broaden your horizons and check out "Ils."

To Read...



The Shack

MISS DRESSEL Librarian

The Shack by William P. Young was a book that I

could not put down. I know that sounds like a typical line from a reader but it is true! The book touched me spiritually. It is the story of a father, MacKenzie Allen Phillips, who spiritually. It is the story or a lather, MacKenzie Alien Finnips, who loses his youngest daughter in a brutal murder. While out on a camping excursion, Missy is kidnapped and her remains are later found in an abandoned shack high in the mountains. Four years later, as the father still wrestles with the age old question "Why did God allow this to happen to my daughter?" and great sadness, he receives a mysterious note in his mailbox. The sender invites MacKenzie for a weekend back at the old shack. There was no name or address as to where the note originated. Is the note from the killer or from God? Keeping the note and the destination a secret from his family, he decides to go to the shack to confront whoever sent the note. The experience will change his life forever...will it change you?

To Download... **Ingrid Michaelson**



Miss Harper English Teacher

If you've ever been addicted to Grey's Anatomy in the past, then you've probably heard songs by NYC-native indie-pop sensation Ingrid Michaelson. Perhaps her most

well-known track "The Way I Am" gained popularity through an Old Navy commercial in 2007, sending Ingrid into underground pop stardom. Her newest music includes a single by the same name as the album itself "Everybody" an upbeat ode to humanity's common need for affection which repeats the easy-to-sing-along-with lyrics "Everybody, everybody wants to love. Everybody, everybody wants to be loved." Conversely, "The Chain" features a few feminine voices be loved. Conversely, The chain features a few femiline voices harmonizing and singing in rounds, sending a more serious message than other songs on the album. If you've never heard Ingrid's music before, check it out! She looks and sounds a bit like Lisa Loeb, has a great sense of humor, and has the original, singer-songwriter quality that makes her seem smart and quirky at the same time. If you tire of the local radio station's top 40 each week, then perhaps Ingrid can offer you some fresh lyrics to belt out in the car to wake you up on those early school mornings or to energize you on your way to hang with friends.

Les Misèrables Was a Hit

The curtain clos on Les MisŁrable yet it stands as one of the great school plays in DAHS history.

KATIE MATERO

Staff Writer

"Les Misèrables is such a special musical; it's the kind of show that doesn't come along that often," director Mrs. Anderson said

Les Misèrables is based on the novel by Victor Hugo about an accused convict, Jean Valiean, who turns his life around and realizes that helping other people brings him closer to

"Participating in the nusicals here is like being in a family whose only purpose is to entertain and to change people's lives. But, of course, we have huge amounts of fun along the senior Lyle Hieronymus

Any student interested in being a part of the show had an opportunity to audition in December, and practices were held every day after school until the first show in April.

The four months of hard ork that the cast and crew dedicated to the show paid off in the "It was incredible to see

the transformation we made," iunior Kvra Buleza said.

Performed on April 8- Les Misèrables sold over 2,500 tickets and almost sold out for the Saturday performance.

"The cast really deliv-

ered. There's only so much that



David Masenheimer from Broadway came to assist the DAHS acting troop to really get into character for Les Misèrables. Also featured in this picture is sophomore Ryan Creedon. Photo by Katie Matero

Mrs. McCleary and I can do," Anderson said.

"The musical was definitely a project from the very beginning. As a first timer, I was amazed at the ability of the cast, crew, and pit to come together to make such a difficult and beautiful musical a success." freshman orchestra member Jenna Dell said.

To help the show come together, the cast of Les Misèrables had a special treat on March 26, 2010.

David Masenheimer, a York Suburban graduate, came from his home in New York City to speak to select students about his experience working for a traveling production of Les Misèrables as Inspector Javert.

"I was a twenty-five year old with no hair. There

really was no place for me in the show," Masenheimer said when describing his audition to the

Masenheimer spent the afternoon working with the leads and the rest of the cast to help the directors, Mrs. Anderson and Mrs. McCleary, to put finishing touches on the appearance of the show.

While there were a few mishaps along the way, the production came together in the end and received standing ovations each night.

"It was the greatest experience of my life thus far," junior Madi Zoller said.

"The show leaves a mark on anyone who sees it or participates in it; I have 'a heart full of love' for the cast and

The Reviews Are In:

Faculty Members Give *Les Mis* Two Enthusiastic Thumbs Up

The casting was great...all the parts were played well. My personal favorite was Marius - played by Emilio Pichardo (one of my students). I never knew he could sing like that. He was great! I haven't seen a Dallastown Musical since I was in school and this production blew me away The music by the pit orchestra was wonderful, the cast of the musical was terrific and I loved seeing it and was proud to be a teacher at a

school with so many talented peple. Mrs. Dallmeyer Social Studies

I saw *Les Mis* on Saturday evening. They did a fantastic job! It's not an easy musical to sing and the students were totally prepared and very talented vocalists. My favorite parts were those done by students I have in class or know from leading People to People. It is great to see their other talents and their enthusiasm fr a project like this. Everyone involved worked very hard to make a first class production. DAHS should be very proud of this musical! Way to go!!

The musical was phenomenal. I've seen it professionally done in NYC, London, Hershey, and Baltimore. What Dallastown showed at their Thursday night performance was every bit as emotional and dramatics for igh school talent. That was the BEST high school performance I have seen, anywhere. Fastpaced, strong, absolutely amaz ing tavern scene, actually, I'd say the best I've seen of all shows performed.
Mrs. Murphy

English

The musical was amazing. To watch so many talented oung people come together after many weeks of hard work was a rewarding experience.

Mr. Myers

Amazing! I saw it on Broadway, I have the soundtrack, and it was simply amazing from the lead char acters to to the ensembles. I wanted to give a stand ing ovation a number of points. The songs that had two or three characters singing counterpoint were breathtaking, as was the closing of the first act which had that dynamic and the choral component.

> Mr. Rojahn World Language

> > I have been atttending won derful musicals at Dallastown for over 25 years and performed in four during my owr high school years here. I have laughed at and cheered for many hard-working, talented casts. However, in this production, the voices, the passion, the music and the mes sages moved me on a deep level far, far surpassing any thing before. I was never so proud as I was following Les Miserables to teach at a schoo with such talent in its staff and its students.

> > > Mrs. Raver English

My favorite part is seeing my students, past and present, in their shining moments on stage. At one point, the three leads were all former students and I was so proud. From the music to the set transitions, it appeared to be flawless. Congratulations to everyone.

Mrs. Krantz

Mrs. Riddle Science

Les Misérables?! C'était fantastique, sensationnel, superbe, merveilleux!! The talent and commi ment of all the participants was so apparent that I could not get enough of the show. I came all three nights. Congratulations to those who were a part of this outstanding production

Madame Botterbusch World Language

caroline nemberser

"Cool beans!"

This is what freshmen Jarik Hieronymus and Nicole Gurreri describe their relationship as.

The summer between seventh and eighth grade proved to be worthy for this couple; it was during this time Hieronymus met Gurreri at a summer camp.

Currently, this couple enjoys partaking in an epic variety of intriguing activities such as riding an old bicycle built for two, going out for tea, playing the "Guess Who?" board game, and baking Nutella

Of course, Hieronymus and Gurreri have special memories together.

"Having a hard day at the slopes and just skiing with Nicole for her birthday is one of my favorite memories," Hieronymus said.

But Gurreri looks most affectionately on a different gift of Hieronymus.

"Jarik learned how to play my favorite Bob Dylan song. He played it for me as my Christmas present," Gurreri said.

They celebrated their one year anniversary on February 25.

Certainly, the halls of Dallastown Area High School would be incomplete without this adorable and unique pair.





by courtney edwards



MOMON DAHS students are putting away their jeans and boots for shorts and flip flops.

But this warm weather brings another trend: convertibles. This is something junior David Cox knows all

Cox drives a navy blue 2001 Volvo C70 convertible which he calls "Bessie, his pride and joy, his best friend."

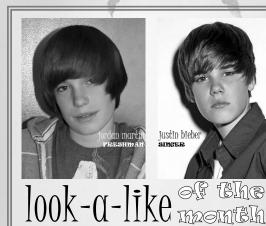
His parents surprised him with it for Easter.

'They blindfolded me and took me to the car," Cox said.

He always takes the car out to his favorite restaurant Friendly's and uses it to hang out with his friends on the weekends.

"Without it, I'm nothing. With it, I'm something," Cox said.

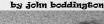




They bend, they twist, and they're on your wrist. In making the discovery of a new fashion statement roaming the halls, students have grown a liking to brightly colored animal-shaped bracelets.

"I like the bracelets because I am easily amused, and when my coworker showed me, I started freaking out," senior Danielle Frederick said.

Available in numerous fun animal shapes and having a low cost, these bracelets are beginning to show up everywhere.





trend of the

